




# AUTUMN TERM - 2024

## Weeks Commencing – 2/9-23/9-14/10-11/11-2/12

Week 1	Monday	'Your Voice' Tuesday	Wednesday	'Taste of' Thursday's	Friday
<b>Main Event</b>	Roast Sausage or Veggie Sausage Mash Green Beans Salad Bar (DF/V/Vgn)	Cheese & Tomato Pizza Diced Sauté Potatoes, Baked Beans Salad Bar (DF/V/Vgn)	Roast Chicken or Braised Quorn, Yorkshire Pudding & Gravy Roast Potatoes Garden Peas Baton Carrots (DF/V/Vgn)	 <b>America</b> New York Hotdog Boston Veggie Dog Fries, Sweetcorn, Salad Bar (DF/V/Vgn)	Breaded Fish Finger or Veg Nuggets & Chips, Garden Peas & Ketchup (DF/V/Vgn)
<b>Jacket Potato</b>	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/V/Vgn)	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/V/Vgn)	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/V/Vgn)	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/V/Vgn)	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/V/Vgn)
<b>Lighter Bite</b>	Freshly made sandwich: <b>Cheese</b> Salad Bar (DF/GF/V/Vgn)	Freshly made sandwich: <b>Tuna</b> Salad Bar (DF/GF/V/Vgn)	Freshly made sandwich: <b>Ham</b> Salad Bar (DF/GF/V/Vgn)	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/V/Vgn)	Freshly made sandwich: <b>Cheese</b> Salad Bar (DF/GF/V/Vgn)
<b>Dessert</b>	Fruity Yoghurts  Fresh Fruit Basket	Jam Sponge & Custard  Fresh Fruit Basket	Frozen Fruit Smoothies  Fresh Fruit Basket	Mini Jam Doughnuts  Fresh Fruit Basket	Fruity Yoghurts  Fresh Fruit Basket

**Available with dinner – Fresh bread, salad bar, fresh fruit selection, chilled water, fresh milk.**


**Allergen information is available on the allergen sheets, these will be adjusted should a product make-up be changed or alternative used**

**V=Vegetarian, VGN=Vegan, DF=Dairy Free, GF=Gluten Free are available as modified diets for the dishes shown**



# AUTUMN TERM - 2024

## Weeks Commencing – 9/9-30/9-21/10-18/11-9/12

Week 2	Monday	'Your Voice' Tuesday	Wednesday	'Taste of' Thursday's	Friday
<b>Main Choice</b>	Ham & Mac Cheese or Mac Cheese Garden Peas Salad Bar (DF/V/Vgn)	Beef Mince & Veg Pie or Veg & Potato Pie Mashed Potato Baton Carrots Salad Bar (DF/V/Vgn)	Roast Chicken or Braised Quorn, Yorkshire Pudding & Gravy Roast Potatoes Garden Peas Baton Carrots (DF/V/Vgn)	 <b>Spain</b> Baked Spanish Chicken Patatas Bravas Meatballs (DF/V/Vgn)	Breaded Fish Finger or Veg Nuggets & Chips, Garden Peas & Ketchup (DF/V/Vgn)
<b>Jacket Potato</b>	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/GF/V/Vgn)	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/GF/V/Vgn)	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/GF/V/Vgn)	Vegetable Rice Whole Green Beans Sweetcorn Salad Bar	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/GF/V/Vgn)
<b>Lighter Bite</b>	Freshly made sandwich: <b>Cheese</b> Salad Bar (DF/GF/V/Vgn)	Freshly made sandwich: <b>Tuna</b> Salad Bar (DF/GF/V/Vgn)	Freshly made sandwich: <b>Ham</b> Salad Bar (DF/GF/V/Vgn)	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/V/Vgn)	Freshly made sandwich: <b>Cheese</b> Salad Bar (DF/GF/V/Vgn)
<b>Dessert</b>	Fruity Yoghurts  Fresh Fruit Basket	Oaty Apple Crumble & Custard  Fresh Fruit Basket	Frozen Fruit Smoothies  Fresh Fruit Basket	Mini Fruit Muffins  Fresh Fruit Basket	Ice Cream Pots  Fresh Fruit Basket

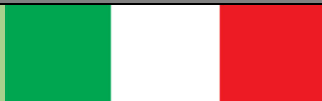
Available with dinner – Fresh bread, salad bar, fresh fruit selection, chilled water, fresh milk.

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**Weeks Commencing – 16/9-7/10-4/11-25/11-16/12**

Week 3	Monday	'Your Voice' Tuesday	Wednesday	'Taste of' Thursday's	Friday
<b>Main Choice</b>	Fish Goujon or Falafel Tacos Sauté Potatoes Garden Peas Salad Bar (DF/V/Vgn)	Beef Burger or Veg Burger with Cheese Roast Wedges Baked Beans Salad Bar (DF/V/Vgn)	Roast Chicken or Braised Quorn, Yorkshire Pudding & Gravy Roast Potatoes Garden Peas Baton Carrots (DF/V/Vgn)	 <b>Italy</b> Penne Pasta Carbonara Italian Spaghetti with Veggie	Breaded Fish Finger or Veg Nuggets & Chips, Garden Peas & Ketchup (DF/V/Vgn)
<b>Jacket Potato</b>	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/GF/V/Vgn)	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/GF/V/Vgn)	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/GF/V/Vgn)	Meatballs (DF/V/Vgn) Roast mixed vegetables Garlic Bread Salad Bar	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/GF/V/Vgn)
<b>Lighter Bite</b>	Freshly made sandwich: <b>Cheese</b> Salad Bar (DF/GF/V/Vgn)	Freshly made sandwich: <b>Tuna</b> Salad Bar (DF/GF/V/Vgn)	Freshly made sandwich: <b>Ham</b> Salad Bar (DF/GF/V/Vgn)	Fresh baked jacket spud with choice of two fillings: <b>Cheese, Tuna, Beans</b> Salad Bar (DF/V/Vgn)	Freshly made sandwich: <b>Cheese</b> Salad Bar (DF/GF/V/Vgn)
<b>Dessert</b>	Fruity Yoghurts  Fresh Fruit Basket	Chocolate Sponge & Custard Fresh Fruit Basket	Frozen Fruit Smoothies  Fresh Fruit Basket	Shortbread Fingers  Fresh Fruit Basket	Ice cream pots  Fresh Fruit Basket

*Available with dinner – Fresh bread, salad bar, fresh fruit selection, chilled water, fresh milk.*

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**After School Club Snack**

Monday	Tuesday	Wednesday	Thursday	Friday
Asstd sandwiches of cheese, ham, or jam Salad chunks of carrot, cucumber, and cherry tomatoes Fresh Fruit Yoghurts (Contains Wheat gluten, Sulphites, milk, egg) (GF/DF/V/Vgn)	Assorted cobs of cheese, ham, or tuna mayo Salad chunks of carrot, cucumber, and cherry tomatoes Fresh Fruit Packet Biscuits (Contains Wheat gluten, Sulphites, milk, egg) (GF/DF/V/Vgn)	Asstd sandwiches of cheese, ham, or jam Salad chunks of carrot, cucumber, and cherry tomatoes Fresh Fruit Yoghurts (Contains Wheat gluten, Sulphites, milk, egg) (GF/DF/V/Vgn)	Assorted tortilla wraps of cheese, ham, or tuna mayo Salad chunks of carrot, cucumber, and cherry tomatoes Fresh Fruit Packet Biscuits (Contains Wheat gluten, Sulphites, milk, egg) (GF/DF/V/Vgn)	Assorted cobs of cheese, ham, or tuna mayo Salad chunks of carrot, cucumber, and cherry tomatoes Fresh Fruit Packet Biscuits (Contains Wheat gluten, Sulphites, milk, egg) (GF/DF/V/Vgn)

*Allergen information shown for dishes on the menu, these will be adjusted should a product make-up be changed or alternative used*

**IMPORTANT INFORMATION**

**MEDICAL, RELIGIOUS & ALLERGIC DIET INFORMATION to**

If your child has a food allergy or intolerance, please complete the allergen paperwork with the school office. This is ensure that the academy and the kitchen have the correct information to support your child.

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Our kitchen staff use a variety of ingredients to accommodate a variety of different meals but due to the nature of the kitchen environment we cannot guarantee none cross contamination, see menu allergen sheet for allergen info